



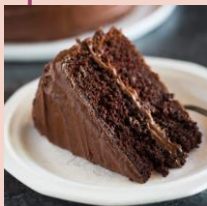
February Birthdays

Residents:

1st: Chad Thurston
 5th: Jack Haynes
 10th: James Fetterly
 15th: Carl Sheltray
 28th: Thomas Goss

Staff:

4th: Chanronda Caine
 8th: Cyndy MacDonald
 13th: Caylin Ward
 19th: Katie Chetney
 20th: Autumn McHenry
 27th: Jacqueline Bouley



****Residents are able to bring ONE guest to the Monthly Birthday Party! Check the Activity Calendar for date/time. Staff with a birthday in February come down and join us for a**

A Message from the Administrator:

Happy February! This is our first publishing of our new "Gardens Gazette!" This will be a way to communicate with staff, residents, and families about different events or important news that is going to be happening in upcoming months. I am proud to say that we are going on our 3rd anniversary of being open and things have been great. I would like to give a shout out to all of the departments for all their hard work, because without you guys we wouldn't be where we are today. I look forward to what lies ahead of us. ~Jill Chetney,



Upcoming Staff Inservices:

- *2/4 Dementia @ 1:30pm and 2:30pm
- *2/5 General Orientation @ 9am
- *2/6 Dementia @ 1:30pm and 2:30pm
- *2/7 Dementia @ 10pm
- *2/12 Dementia @ 1:30pm and 2:30pm
- *2/13 Dementia @ 1:30pm and 2:30pm
- *2/14 Dementia @ 1:30pm and 2:30pm
- *2/19 Dementia @ 10pm
- *2/20 Dementia @ 1:30pm and 2:30pm
- *2/21 General Orientation @ 9am
- *2/22 Dementia @ 1:30pm and 2:30pm
- *2/27 Dementia @ 10pm

Osteo Class with Robin:

Osteo class is every **Monday & Wednesday** in our beautiful Wellness Center. This class is designed to increase bone density in those suffering from Osteoporosis. The class is led by Robin, who is an RSVP volunteer. If you are interested in signing up for this class, please contact Jill Little for further details.



TRANSPORTATION:

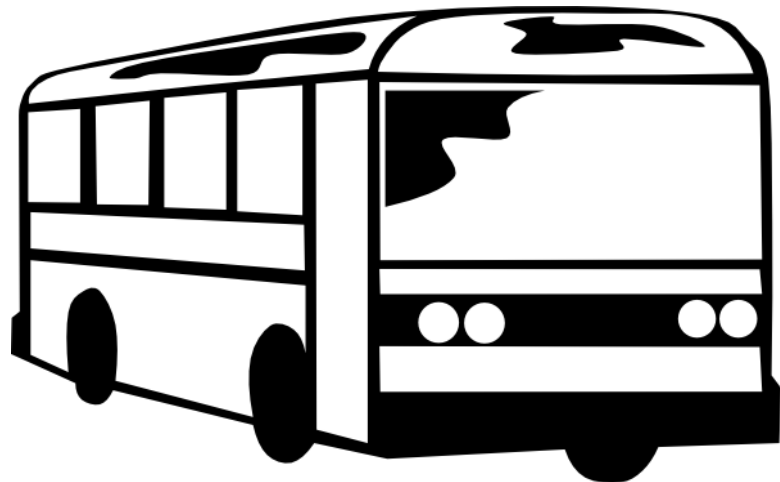
Monthly Shopping Trip: Every 2nd Thursday of the month The Gardens offers a shopping trip for the residents to obtain needed items. This month will be **February 14th**. Put together a shopping list and we will do the shopping for you! Call Katie to find out more details.

Monthly Outing: The Activity Department offers transportation for an outing each month. We have gone to all different places, from local and out of town lunch outings, to Lights on the Lake at Christmas time. This month we will be going to Olive Garden on **February 26th**. Sign up with Reception if you are interested.

Call-A-Bus: is Centro's program that provides coordinated ride-sharing transportation for people who are unable to ride Centro buses. Call-A-Bus matches the service area and operation hours of Centro's bus system. As an origin-to-destination service, Call-A-Bus routinely provides curb-to-curb service. Call-A-Bus service is available in Onondaga, Oswego, Cayuga, and Oneida counties and serves the cities of Syracuse, Oswego, Fulton, Auburn, Rome and Utica. For more information or to fill out an application contact Rachelle at Reception.

The Gardens Management Team:

Administrator.....**Jill Chetney (ext 101)**
 RN Case Manager/Admissions.....**Kim Chetney (104)**
 RN Case Manager/Staff Development
 Coordinator.....**Brenda Rice (ext 159)**
 Nurse Manager/Corporate
 Compliance Officer..... **Jane Hall (ext 111)**
 Case Manager.....**Michelle Delorenzo (ext 105)**
 Case Manager.....**Katie Chetney (ext 158)**
 Activity Director.....**Jill Little (ext 107)**
 Human Resources.....**Kathy Kelly (ext 102)**
 Buisness Office.....**Danielle Austin (ext 103)**
 Kitchen Supervisor.....**Andrew Roth (ext 154)**
 Maintainence Supervisor/Safety
 Officer.....**Sean Beckwith (ext 105)**
 Receptionist.....**Rachelle Brooks (ext 100)**
 Home Care Services Director...**Tina Whorrall (ext 179)**



The Gardens Homecare:

We are excited to announce the official opening of our community based Home Care Services program. The Gardens Home Health Care Services Division provides exceptional in-home care services to individuals residing in Oswego, Onondaga, and Cayuga counties. Our impeccable reputation stands strong due to our Home Health Care Division comprised of professional and paraprofessional service lines encompassing the following skill levels:

*Home Health Aides

**Personal Care Aides*

**Homemakers, Companions*

**Registered Nursing*

**Medical Social Work*

**Nutrition*

Our company is a family owned and operated provider and we are committed to providing the highest level of in-home care. For further information please contact Tina Whorrall, *Home Care Services Director* at 315-343-0880 (ext 179)

Congratulations to **Trinity Lyman!** You have been voted by the Residents for all of your hard work for the month of January! Thank you so much for all that you do! You will receive an award and a "Golden Gardens Ticket" for a free lunch from our kitchen!



Dietary:

This month we changed our HS snack menu to include things such as peanut butter crackers, fresh fruit, and more. One of our residents, Tim, who is also an RSVP volunteer, walks around to each room every night to make sure that every resident is getting a snack. On **February 3rd** for Super bowl, the HS snack will be replaced with cheese, pepperoni, and cracker trays for each floor to enjoy with the game with!

Any suggestions for Employee meals of the week, please put in the suggestion boxes!

-Andrew Roth

Environmental:

Hello from the Environmental Department! Just a quick reminder that any furniture brought in by a new resident must be purchased brand new. We cannot bring in items that have previously been in homes to ensure that our facility remains clean and free of any pests. Thank you for understanding and I look forward to what 2019 has to offer us here at The Gardens.

-Sean Beckwith

Activities:

*Super bowl pizza party-
2/3

*Valentine's Day ice-
cream social-**2/15**

*Olive Garden Lunch

Message from Nursing:

***Please let Kim or Brenda know about any appointments with residents primary care physicians.**

***Please let nursing know if you or your family purchase any over the counter meds that you are planning on keeping in your room (this will need MD order)**

